

Program Pemulihan Dalam Komuniti (PDK)
also known as "Community-Based Rehabilitation" (CBR)

Program Pemulihan Dalam Komuniti (PDK) or "Community-Based Rehabilitation" (CBR) is a programme initiated by the government under the Social Welfare Department. The programme was started in 1984 under the Projek Perintis PDK in Mukim Batu Rakit, Kuala Terengganu involving 55 trainees. Since then, it has reached other parts of the Peninsular.



PDK Bukit Baru, Melaka started in 2005. It offers training to a special category of members of the community with disabilities such as cerebral palsy, Down Syndrome, hydrocephalus, mental retardation, speech defects and deafness. The Centre is operated by a team of staff following the Welfare Department's policies and guidelines. PDK receives financial support from government grants, well-wishers and sponsors to maintain its operations. The trainees who attend the training provided by the centre will receive an allowance of RM150.00 per month in order to help them to be independent and ease their financial burdens. As for trainees who are not able to attend training in the centre, they will receive allowances of RM50.00 per month.



At the centre, trainees are trained with basic education and skills suited to their particular disability. PDK also assists parents and family members to improve their standard of living while reducing the burden of taking care for their mentally handicapped children. They also organize outdoor activities to help the disabled develop self-confidence, self-esteem and become more independent. Although the centre is supported by government grants, donation from the public would help the centre provide a better environment for training and they are able to organize more programmes for the benefit of the trainees.

